



# B.K. BIRLA CENTRE FOR EDUCATION

SARALA BIRLA GROUP OF SCHOOLS  
A CBSE DAY-CUM-BOYS' RESIDENTIAL SCHOOL

## PRE-MID TERM EXAMINATION, 2025-26 PSYCHOLOGY 037

Class: XII  
Date: 2.08.25  
Admission no:

Time: 1Hr  
Max Marks: 25  
Roll no:

### INSTRUCTION:

- All questions are compulsory.
- Question Nos. 1-5 in Section A carry 1 mark each.
- Question Nos. 6-7 in Section B are very short answer questions carrying 2 marks each. Answer to each question should not exceed 30 words.
- Question Nos. 8-9 in Section C is short answer questions carrying 3 marks. Answer to question should not exceed 60 words.
- Question No. 10 in Section D is case based question carrying 4 marks. Answer to question should not exceed 120 words.
- Question No. 11 in Section E is long answer question carrying 6 marks. Answer to question should not exceed 200 words.

### SECTION A

- Which of the following is a characteristic feature of Generalised Anxiety Disorder? 1  
A. Repeated flashbacks of traumatic events  
B. Persistent, excessive worry about everyday events  
C. Delusions and hallucinations  
D. Periods of extreme euphoria and sadness
- A person who shows no regard for the rights of others, often violates social norms, and feels no guilt is likely to be diagnosed with which of the following? 1  
A. Borderline Personality Disorder  
B. Narcissistic Personality Disorder  
C. Antisocial Personality Disorder  
D. Avoidant Personality Disorder
- Which of the following disorders is classified under mood disorders? 1  
A. Schizophrenia  
B. OCD  
C. Major Depressive Disorder  
D. Conversion Disorder
- Which of the following is not a characteristic of psychotherapy? 1  
A. It involves a therapeutic relationship between the client and the therapist  
B. It is based on authentic and scientific theory  
C. It focuses only on the biological treatment of mental disorders  
D. It aims at bringing positive change in the client's thoughts, emotions, and behaviours

5. Which type of therapy is based on the belief that faulty thinking leads to faulty behaviour and emotions? 1
- A. Psychodynamic  
B. Behaviour  
C. Humanistic  
D. Cognitive

**SECTION B**

- Q6. What are the main symptoms of Obsessive-Compulsive Disorder? 2
- Q7. Define phobias with an example. 2

**SECTION C**

- Q8: What are the different types and symptoms of Bipolar Disorder, and how do they impact an individual's mood and daily functioning? 3
- Q9. Critically evaluate the role of the therapeutic alliance in determining the success of psychotherapy across different therapeutic orientations. 3

**SECTION D**

- Q10: Explain any four areas of functioning affected in individuals with mild and severe levels of intellectual disability. 4

**SECTION E**

- Q11. What are the signs and symptoms of schizophrenia, and how does it impact a person's overall well-being? 6

\*\*\*\*\*All the best\*\*\*\*\*